

Review Chapter 6 in Alcoholics Anonymous, Into Action, page 76. Ask someone for help if you need. You will also need to look at Step 6 in the 12 and 12. Some of these questions were presented to you in the classroom session so try to write the answers out in your own words.

Why is this step the one that separates the men from the boys?

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What statements are heard daily all over the world?

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What is it every normal person wants?

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What happens when we let our natural desires drive us?

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Step 6

Client Questions 6.4

What are we supposed to be working towards?

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With what do we need to have patient improvement in?

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What is the “best we can do”?

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If you have escaped the extremes of glaring handicaps can you congratulate yourself?

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What examples of Step 6 are highlighted by Jim’s story?

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Step 6

Client Questions 6.4

Why can self righteous anger be enjoyable?

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What is it we prefer to hang on to?

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Which is the only step that can be practiced with absolute perfection.

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What should the only question be?

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So what does that make the other 11 steps?

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Step 6

Client Questions 6.4

What should we not say to ourselves?

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Summarise the end of this chapter starting with what happens the moment we say “no never”.

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