

Write down Step 5 and learn it.

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What qualities would you like the person you share with to have?

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Write down the names of the people you trust the most to share your Step 5 with.

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Do you think that your choice of person would be willing to listen?

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How long have you been living with your anger or resentments?

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Do you have the feeling that you are different from others?

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Are you willing to trust the person who is to hear your Fifth Step?

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How do you feel about admitting your wrongs and secrets to God, yourself, and another human being?

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