

Step 3

Client Questions 3A

1. Write down Step 3 and learn it off by heart.

.....
.....
.....

2. In what ways have you showed willingness in your recovery so far?

.....
.....
.....

3. Do you have hope, faith, and trust in your life?

.....
.....
.....

4. What evidence do you have that you can trust recovery?

.....
.....
.....

5. When has self will not been enough? (For example, you couldn't stay clean on your own will.)

.....
.....
.....

6. What do you believe in?

.....
.....
.....

7. What is your understanding of a power greater than you?

.....
.....
.....

8. Do you have a higher power? Describe it.

.....
.....
.....

9. How is your Higher Power working in your life?

.....
.....
.....

10. Have there been times when being unable to let go and trust in someone or something has held you back?

.....
.....
.....

11. Do you feel that you are now ready to turn your will and your life over?

.....
.....
.....

12. What does it mean to make a decision?

.....
.....
.....

13. What does the phrase 'to turn over' mean to you?

.....
.....
.....

14. What is your understanding of turning over “your will and your life”?

.....
.....
.....

15. What does "to the care of" mean to you?

.....
.....
.....

16. Does the word "God," make you uncomfortable? Do you know why?

.....
.....
.....

17. What is the difference between your will and 'God's ' will?

.....
.....
.....

18. Have you ever believed that something caused horrible things to happen to you?

.....
.....
.....

19. What feelings do you have about a higher power?

.....
.....
.....

20. How do you allow a higher power to work in your life?

.....
.....
.....

21. What are you fighting in your recovery and why?

.....
.....
.....

.....
.....
.....