

Step 2

Client Questions 2C

Review Chapter 4 in Alcoholics Anonymous, We Agnostics, page 44. Ask someone for help if you need. Identify what this chapter describes about finding a higher power. These questions may help.

1. What are not always easy alternatives to face? Why?

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2. What is our dilemma?

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3. What exactly is this book about?

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4. What difficulties arise with agnostics?

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5. What is it we discover, much to our relief?

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6. What is the one short question we need to ask ourselves?

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7. What are the ‘good reasons’ to believe in a power greater than ourselves?

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Step 2

8. On page 52 what should we apply to our human problem, what subjects does the Big Book give as examples?

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9. What 'certain kind' of faith does the Big Book say we already have?

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10. What idea is deep down in every man woman and child?

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11. In the story of the atheist what was the turning point in this mans recovery.

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12. Read Appendix II, Spiritual Experience, write a summary of the differences between a spiritual experience and a spiritual awakening.

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Analyse the four statements below and write a short explanation of each one and how that applies to your own experience.

13. The first way we applied this Step, when we came into the program, was that the programme itself became a power greater than ourselves.

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14. Something someone may share with us could be a ‘power greater than ourselves’.

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15. Pain can become a power greater than ourselves.

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16. A Sponsor or some other recovering addict can become a power greater than ourselves by making us aware of the way we are doing things. This is not the same as learning from someone sharing, why?

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