

1. Write down Step 1 and learn it off by heart.

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2. What does "the disease of addiction" mean to you?

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3. What event brought you to recovery?

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4. When did you first recognise your addiction as a problem and what did you do about it?

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5. What does unmanageable mean to you, describe it in your own words.

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6. Have you ever been arrested or had legal trouble as a result of your addiction?

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7. Have you ever done anything you could have been arrested for?

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8. Have you ever been to hospital as a result of your addiction?

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9. Have you ever been to the doctor as a result of your addiction?

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10. What trouble have you had at school because of your addiction?

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11. What trouble have you had at work because of your addiction?

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12. What trouble have you had with your family as a result of your addiction?

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13. What trouble have you had with friends as a result of your addiction?

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14. How has your addiction caused you to hurt yourself or others?

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