Group Facilitators Prompter.

Step 1. We admitted we were powerless over alcohol / our addiction, that our lives had become unmanageable.

Facilitators guide.

The specific questions are similar to the Client Questions so as to introduce a client into participating with an element of confidence.

As the facilitator you should try to cover the specific questions but do not have to ask them all.

Remember to pitch your session at the following levels.

Cognitive Domain
Remembering and knowing.
(Recall data and information)

Affective Domain
Awareness and willingness to listen.
(Listening to others with respect) Active participation.

GFP 1A

General questions.
Used as a tool to engage clients.

- Tell us/me what Step 1 says.
- Repeat what ???? just said about step one.
- Describe what happened.
- Can you tell me why...?
- Do you remember what……..said? Tell us.
- What is...?
- Which is true or false...?

Specific questions.
Used as a tool to generate group discussion.

- What does "the disease of addiction" mean to you?
- What event brought you to recovery?
- When did you first recognise your addiction as a problem? What did you do about it?
- How does your personality change when you're under the influence of drink or drugs?
- What does unmanageability mean to you?
- Have you ever been arrested as a result of your addiction?
- Have you ever been to the Emergency Room as a result of your addiction?
- Have you ever been to doctor as a result of your addiction?
- What trouble have you had at school because of your addiction?
- What trouble have you had at work because of your addiction?
- What trouble have you had with my family as a result of your addiction?
- What trouble have you had with friends as a result of your addiction?
- What financial problems have you had as a result of your addiction?
- How has your addiction caused you to hurt yourself or others?

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